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# INCLUSION PARKSVILLE SOCIETY

## MONTHLY UPDATE

AUGUST 2020

*Vision: To be a community where all people with disabilities have equal opportunities to lead active fulfilling lives and are recognized as contributing members of the community.*

*Mission: We are dedicated to enhancing the quality of life of the individuals we support with dignity and respect. We promote the rights of all individuals to full inclusion in partnership with our community.*

**IPS is so happy to announce that we are providing in-person services as of July 15. The staff would like to wish all participants a very warm WELCOME BACK!**

If you would like to discuss program opportunities, please call 250-248-2122.

## WELCOME BACK PARTICIPANTS!!!



# IPS will be closed Monday August 3



## Sunny Summer Days Are Here!

Summer Sun Safety Tips  
to keep us all safe!

Cover up: When you are out, wear clothing and a wide-brimmed hat to protect as much skin as possible. Protect your eyes with wraparound sunglasses that block at least 99% of UV light. Use a broad-spectrum sunscreen with an SPF of at least 30, and make sure to reapply at least every 2 hours, as well as after swimming or sweating.

And most important...

**HAVE FUN!**

## Fun Facts

The flowers of August are the Poppy and the Gladiolus and the birthstones are the Peridot and Sardonyx.

August is known for many things, including the dog days of summer, National Watermelon Day (August 3) and National Smile Week (August 5-11).

Weather-lore, beliefs and sayings:

*'If the first week of August be warm, the winter will be white and long.'*



In order for IPS employees to attend the monthly staff meeting and training sessions, IPS requests that on every Tuesday of the month all participants be picked up by family members and/or caregivers by 3:00. As well, staff members will conduct drop offs at a time that allows them to return to the building by 3:00.

## WE ARE HIRING!

For more information visit our website at: <https://www.inclusionpv.org>

